

THE COMMANDS OF CHRIST

EQUIPPING A FOLLOWER OF JESUS TO SIMPLY OBEY HIS COMMANDS



OBEYCHRIST.COM

THE COMMANDS OF CHRIST

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THE "411"

DISCIPLE-MAKING TRAINING

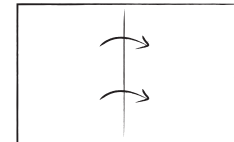
→ Read **Matthew 28:18-20**: Jesus says: "Go...make disciples"

→ The **"411" Training** equips Jesus' followers to make disciples by answering these **4 questions** in **1 hour** (or less) on **1 sheet of paper**:

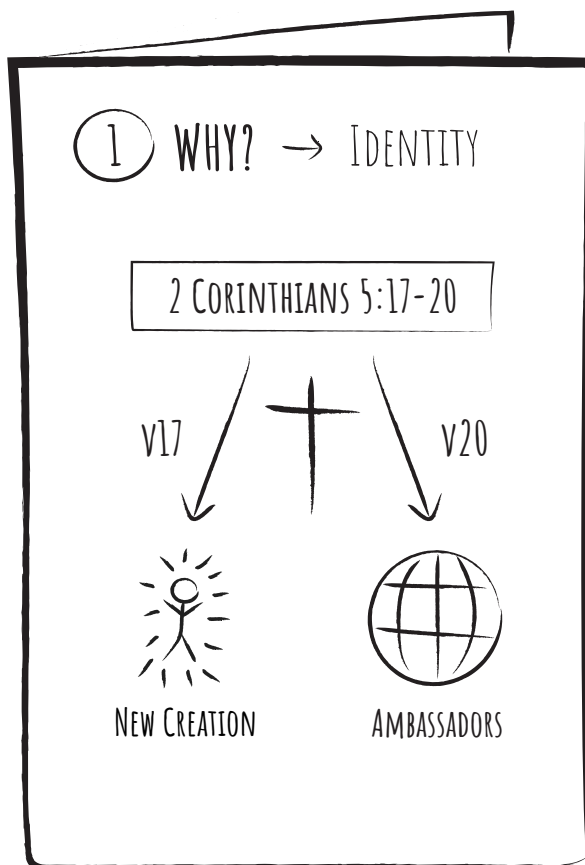
- | | | | |
|----------------------------------|----------------------------|---------------------------|-----------------------------------|
| 1. WHY make disciples? | 2. WHO to reach? | 3. WHAT to say? | 4. WHEN to get started? |
|----------------------------------|----------------------------|---------------------------|-----------------------------------|



SINGLE SHEET OF PAPER



FOLD IN HALF



→ Read **2 Corinthians 5:17-21**

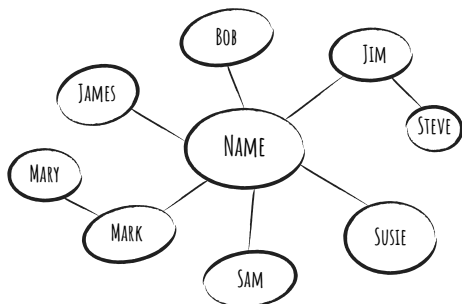
→ **Cross**: We see in these verses that if you are in Christ Jesus, these two things are true of you because of Jesus:

→ **v17 (person)** - You have been made **NEW!** He has forgiven all your sins.

→ **v20 (globe)** - He has given you a new identity as His ambassador.

You cannot separate these two. You cannot become new without being an ambassador of Jesus and you cannot be an ambassador of Jesus without being made new.

2 WHO? → OIKOS MAP

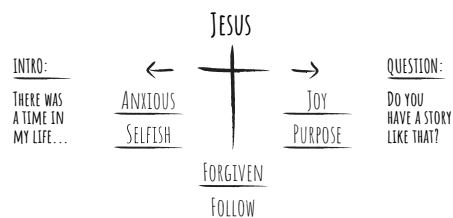


* JOHN 17:20

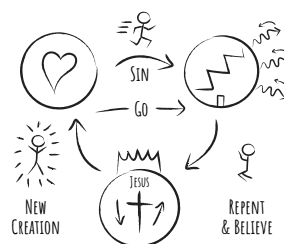
→ "Oikos Map": map out relationships of people in your life who are far from God.

3 WHAT?

15-SEC TESTIMONY



3 CIRCLES



→ Watch a training video of the 3 circles at: 3circlesgospel.com

4 WHEN? → SET GOALS

- PRAY _____
DAILY TIME
- SHARE _____
NAME(S) / TIME
- TRAIN 411 _____
NAME(S) / TIME
- START → WHEN? _____
COMMANDS → WHERE? _____
OF CHRIST → WHO ELSE? _____
(OBEYCHRIST.COM)



COMMAND OF CHRIST 01

REPENT & BELIEVE

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Mark 1:15, Jesus says...
2. **Tell the Story:** Zacchaeus - Luke 19:1-10 or The Sinful Woman - Luke 7:36-50
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

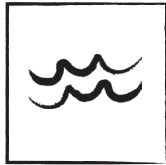
PRACTICE → Retell the story

EXPLORE MORE → (OPTIONAL)

1. What does "Repent" mean?
 - Repent means turning from sin and following Jesus.
2. What does "Believe" mean?
 - Believe means choosing to trust Jesus as Lord.
3. Why should we repent?
 - Read Romans 3:23; 6:23; 10:9
4. Who should repent?
 - Acts 2:38-41 - Everyone must repent for forgiveness.
5. What is assurance?
 - 1 John 1:9 says when we confess our sins, He is faithful to forgive us.
 - John 10:28 says our salvation belongs to Jesus.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 02

BE BAPTIZED

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Matthew 28:19, Jesus says...
2. **Tell the Story:** Philip and the New Believer - Acts 8:26-39
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

PRACTICE → Retell the story

EXPLORE MORE → (OPTIONAL)

1. What is "Baptism"?
 - Romans 6:3-4 - Baptism is a symbol that we have died to our old life and been raised to a new life in Jesus.
2. Why should we be baptized?
 - Matthew 3:13-15 - Jesus received baptism, so should we. Receiving baptism means we have identified Jesus as our Lord.
3. Who should be baptized?
 - Acts 2:38 - Everyone who repents and believes.
4. How should we be baptized?
 - Matthew 3:16 - Jesus went down into the water.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 03

PRAY

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Matthew 6: 9-13, Jesus says...
2. **Tell the Story:** Jesus teaches about Prayer - Matthew 6: 5-15
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

PRACTICE → Retell the story

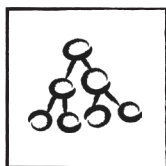
EXPLORE MORE →

(OPTIONAL)

1. Why do we pray?
 - Matthew 6: 9-13 - He hears. We desire His will on earth.
 - "Give us today our daily bread..." = Ask for your needs
 - "Forgive us our debts..." = Ask for forgiveness of any sin
 - "Deliver us from the evil one..." = Pray for the deliverance when you face temptation
2. How do we pray?
 - By simply talking with God.
 - "Our Father..." = God is your heavenly father
 - "Hallowed be your name..." = Ask for God to glorify himself through your life

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 04

GO...MAKE DISCIPLES

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week.
(Mark 1:17)

WORSHIP → Prayer

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Matthew 28:19-20, Jesus says...
2. **Tell the Story:** The Samaritan Woman - John 4:4-42
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

PRACTICE → Retell the story & 3 Circles

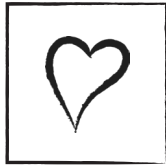
EXPLORE MORE →

(OPTIONAL)

1. Who should we share with?
 - John 4:16 - our families, friends & neighbors
2. What should we say?
 - John 4:29 - The woman shared her story and Jesus' story (the gospel)
3. Who is qualified to go?
 - John 4 - The Samaritan woman was! Every believer.
4. How should we go?
 - In groups of 2 or 3 throughout our neighborhood and city:
 - a) praying, b) sharing, and
 - c) looking for "Persons of Peace" to disciple in the very same things we are learning here.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 05

LOVE

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE → 1. **Read the Command:** In Matthew 22:37-39, Jesus says...

2. **Tell the Story:** The Good Samaritan - Luke 10:25-37

3. **Read the story aloud.**

4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- | | | |
|--|---|--|
| - What do we learn from the story about God ? | - What do we learn from the people in the story? | - Is there anything from the story Jesus wants us to obey ? |
|--|---|--|

PRACTICE → Retell the story or 3 Circles

EXPLORE MORE →
(OPTIONAL)

1. What is "love"?

- John 15:13 and 1 Corinthians 13

2. Why do we Love?

- John 13:34-45 - Because Jesus loved us first. Love teaches the world about Jesus.

3. Who do we love?

- Matthew 22:37-39 - First we need to love God, then we need to love our neighbors.

4. How do we love?

- John 14:15 - Loving Jesus means we obey Him.
- John 21:17 - Loving others means telling them what God has done for you.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 06

WORSHIP THROUGH PERSEVERANCE

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your
"Fish & Follow" goals you set from last week.
(Mark 1:17)

WORSHIP → Prayer, Song

VISION → Read Acts 2:36-47 & draw church circle
to cast vision for healthy church. (p15)



SCRIPTURE → 1. **Read the Command:** In Matthew 4:10, Jesus says...
2. **Tell the Story:** The Philippian Jailer - Acts 16:25-34
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below
to discuss the story and reveal its meaning for our lives:

| | | |
|--|---|--|
| - What do we learn from the story about God ? | - What do we learn from the people in the story? | - Is there anything from the story Jesus wants us to obey ? |
|--|---|--|

PRACTICE → Retell the story or 3 Circles

EXPLORE MORE → 1. Sing:
(OPTIONAL)
- Ephesians 5:18-21, Colossians 3:16-17
- We should express worship by
singing to God with thankful hearts.

2. Trials & Temptations:
- James 1
- God uses difficult trials to make us
more like Jesus. He never tempts us.

3. Soils:
- Luke 8:4-15
- The soil who perseveres is
the one who holds fast to the
gospel in a good and honest
heart.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 07

LORD'S SUPPER

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer, Song, Lord's Supper

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Luke 22:19-20, Jesus says...
2. **Tell the Story:** Jesus' Last Supper - Luke 22:7-20
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

PRACTICE → Retell the story or 3 Circles

EXPLORE MORE →

(OPTIONAL)

1. What is the Lord's Supper?
 - 1 Corinthians 11:26 - a symbol of the Lord's death.
2. Why do we eat the Lord's Supper?
 - 1 Corinthians 11:26 - His body was broken and His blood was spilt.
3. How do we receive the Lord's Supper?
 - 1 Corinthians 11:27-29 - We must examine ourselves, confess our sins to God and remember Jesus died to give us forgiveness.
4. Who should receive the Lord's Supper?
 - Acts 2:42, 1 Corinthians 11:27-29 - Baptized disciples devoted to Jesus.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 08

GIVE

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer, Song, Lord's Supper, Give

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Command:** In Matthew 6:1-4, Jesus says...
2. **Tell the Story:** The Widow Gives - Mark 12:41-44
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 - What do we learn from the story about **God**?
 - What do we learn from the **people** in the story?
 - Is there anything from the story Jesus wants us to **obey**?

PRACTICE → Retell the story or 3 Circles

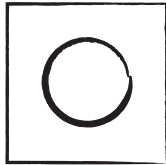
EXPLORE MORE →

(OPTIONAL)

| | |
|--|---|
| 1. <u>What</u> should we give to God? | - Matthew 6:1-4 - Secretly, not for recognition |
| - Our money, time and our lives. | |
| 2. <u>Why</u> should we give to God? | 4. <u>Who</u> do we give to? |
| - 2 Corinthians 9:6-7 - God loves a cheerful giver. | - Acts 4:34-35 - The church gave to all who had need. |
| 3. <u>How</u> do we give to God? | UP=gospel movement |
| - 2 Corinthians 9:7 - Cheerfully, not under compulsion | IN=church needs |
| | OUT=community needs |

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 09

GATHER

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer, Song, Lord's Supper, Give

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE → 1. **Read the Command:** In Hebrews 10:24-25, Jesus says...
2. **Tell the Story:** The First Church - Acts 2:36-47
3. **Read the story aloud.**
4. **Discover:** Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- | | | |
|--|---|--|
| - What do we learn from the story about God ? | - What do we learn from the people in the story? | - Is there anything from the story Jesus wants us to obey ? |
|--|---|--|

PRACTICE → Retell the story or 3 Circles

EXPLORE MORE → 1. Who is the church?
(OPTIONAL) - Acts 2:41 - Baptized believers in Jesus

2. What does a church gathering do?
- Acts 2:36-41 - see church circle functions

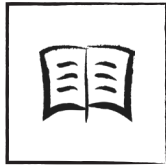
3. When does a church gather?
- Acts 2:46, Hebrews 10:24-25 - Regularly.

4. Where does a church gather?
- Acts 2:46, 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2 - Homes

5. Why does the church gather?
- 1 Corinthians 10:31, Hebrews 10:24-25 - Glorify God, encourage, and hold one another accountable.

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 10

BEGIN LONG-TERM DISCIPLESHIP

CARE → "How are you doing?"
(Share brief update, listen, pray, encourage)

LOVING ACCOUNTABILITY → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

WORSHIP → Prayer, Song, Lord's Supper, Give

VISION → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



SCRIPTURE →

1. **Read the Scripture aloud:** Mark 1:1-8
2. **Read the Scripture to yourself several times:** Mark 1:1-8
3. **Discover:** Pray, then use the Bible discovery questions along with the "S.P.E.C." method below to discuss the story and reveal its meaning for our lives:
 - What does this passage say about God (Father, Son, Holy Spirit)?
 - What do we learn from the people in this passage?
 - S.P.E.C. asks: Is there a...
 - Sin to avoid?
 - Promise to claim?
 - Example to follow?
 - Command to obey?

PRACTICE → 3 Circles, 15-second testimony, or retelling one of the previous 9 stories

SET GOALS → **Fish:** Who will you share with this week?
Follow: What from today's lesson does Jesus want you to obey this week?

COMMISSION → Pray as the Lord directs you too, but remember to continue praying for boldness and wisdom to share the Gospel and make disciples. Also continue praying for all those who are far from God on your relationship map. Pray for 4th generation disciples and churches. Pray for Laborers. Pray God would accomplish His mission in and through your gathering until there is #NoPlaceLeft and Christ returns.

LONG-TERM DISCIPLESHIP

Now that you have completed the short-term discipleship (Commands of Christ), continue on to "Long-term discipleship" using the 3/3s "Three Thirds" Format (below) and the Discovery Questions / S.P.E.C. Bible Study Method as your Bible discovery tool. The "New Lesson" will be passages from the Bible and we suggest starting in Mark's gospel using the schedule listed below. Once you finish with Mark, we suggest you continue in another book of the Bible or topical study using passages of Scripture.

- | | | | |
|-----------|------------------|-------------------|-------------------|
| 1. Mark 1 | 7. Mark 6:33-56 | 13. Mark 10:32-52 | 19. Mark 14:53-72 |
| 2. Mark 2 | 8. Mark 7 | 14. Mark 11 | 20. Mark 15 |
| 3. Mark 3 | 9. Mark 8 | 15. Mark 12 | 21. Mark 16 |
| 4. Mark 4 | 10. Mark 9:1-29 | 16. Mark 13 | 22. More Bible... |
| 5. Mark 5 | 11. Mark 9:30-50 | 17. Mark 14:1-31 | |
| 6. Mark 6 | 12. Mark 10:1-31 | 18. Mark 14:32-52 | |

3/3S ("THREE-THIRDS") DISCIPLESHIP FORMAT

← LOOK BACK

1. Care
2. Worship
 - Song
 - Giving
 - Lord's Supper
3. Accountability
 - Fish & Follow
4. Vision
 - Acts 2 Church Circle
 - #NoPlaceLeft
 - Or other vision

↑ LOOK UP

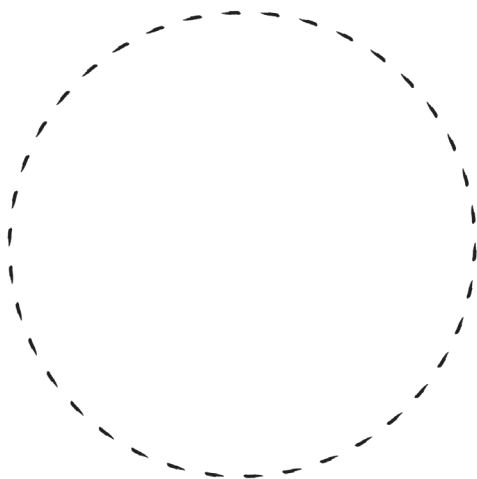
5. New Bible Lesson
 - Tell story
 - Recount story together
 - Read story from Bible
 - Discover story with discovery questions / S.P.E.C.
6. Practice
 - Retell the story
 - 3 Circles

LOOK AHEAD →

7. Set Goals
 - Fish & Follow
8. Commission/Pray

THE CHURCH CIRCLE

1. Draw a dashed circle. This dashed circle represents a gathering of believers.



2. These symbols represent the basic functions of a healthy disciple and church we see in Acts 2:36-47. Some of these functions have already been studied in the lessons, others have simply been practiced week to week without studying a specific lesson on a function (ex. God's Word, Worship).



BAPTISM



PRAYER



MAKE DISCIPLES



LOVE



WORSHIP



LORD'S SUPPER



GIVE



GOD'S WORD



LEADERS



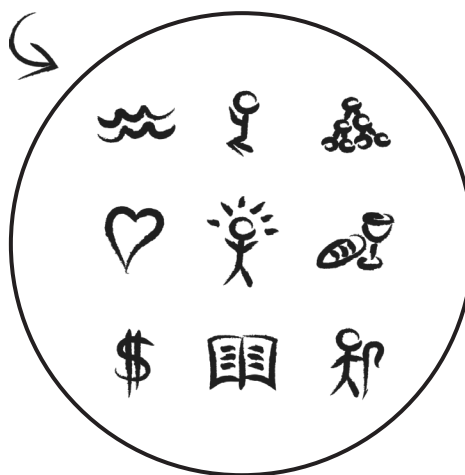
The arrow represents Jesus' command to **Repent & Believe**. Most draw it outside the circle because this is how one begins a growing relationship with Jesus & is biblically part of His Church.

3. Draw each of the functions which your gathering is consistently practicing inside the circle. Draw the functions which your gathering has not yet practiced outside the circle.



In this example above, the gathering has practiced some very important functions of a church. However, there are a few functions that have yet to be practiced. If your church has yet to practice all the functions, make an action plan to begin practicing them today.

4. If a gathering has identified itself as a "church", then you may make the dashed line solid. The goal is to have a church become healthy and practicing all the functions as modeled by the New Testament Church in Acts 2:36-47.



10 / 10 / 10
CITY, STATE:
START DATE:
LEADER(S):

Also, for record keeping it will be helpful to identify:

of Attendees / # of Believers / # of Baptized

You may also wish to record the location, start date and leader(s).



COMMANDS OF CHRIST OVERVIEW



1. Repent & Believe

- Command: Mark 1:15
- Story: Luke 19:1-10 (Zacchaeus) or Luke 7:36-50 (The Sinful Woman)
- Additional: Romans 3:23, 6:23 & 10:9-10



2. Be Baptized

- Command-Matthew 28:19
- Story: Acts 8:26-39 (Philip & the New Believer)
- Additional: Romans 6:3-4, Matthew 3:13-16, Acts 2:38



3. Pray

- Command: Matthew 6:9-13
- Story: Matthew 6:5-15 (Jesus Teaches About Prayer)
- Additional: Luke 10:2



4. Go...Make Disciples

- Command: Matthew 28:19-20
- Story: John 4:4-42 (Samaritan Woman at the Well)
- Additional: Luke 10:1-11



5. Love

- Command: Matthew 22:37-39
- Story: Luke 10:25-37 (Good Samaritan)
- Additional: John 15:13, 1 Cor. 13, John 13:34-35, Matt. 22:37-39, John 14:15, 21:17



6. Worship Through Perseverance

- Command: Matthew 4:10
- Story: Acts 16:25-34 (The Philippian Jailer)
- Additional: Ephesians 5:18-21, Colossians 3:16-17, James 1, Luke 8:4-15



7. Lord's Supper

- Command: Luke 22:19-20
- Story: Luke 22:7-20 (Jesus' Last Supper)
- Additional: 1 Cor. 11:23-29, Acts 2:42



8. Give

- Command: Matthew 6:1-4
- Story: Mark 12:41-44 (The Widow Gives)
- Additional: 2 Corinthians 9:6-7, Matt 6:1-4, Acts 4:34-35



9. Gather

- Command: Hebrews 10:24-25
- Story: Acts 2:36-447 (The First Church)
- Additional: 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2; 1 Cor. 10:31



10. Begin Long Term Discipleship

- Gospel of Mark
- Continue 3/3's meeting format w/ Discovery / S.P.E.C. Questions

THIS COMMANDS OF CHRIST SET CAN BE FOUND AT:

OBEYCHRIST.COM

(ESPAÑOL: MANDAMIENTOSDEJESUS.COM)